

Male Wellness Package



Platinum Health Checkup (Male)

USD
900

Consultations

Dietician	Physician consult	Physician report review	General Surgery
Ophthal	Cardiologist	Mental Health Assessment	Dental

General health assessment

Blood Grouping and RH Factor	Complete Haemogram, Peripheral Smear and ESR	Vitamin B-12
Stool Routine and Microscopy	Liver Function Test Profile	Urine Routine and Microscopy
Ultrasound Whole Abdomen	X-Ray Chest PA/AP View	Kidney Function Tests

Thyroid function

Thyroid Function Test

For joint pain

Uric Acid, Serum

Diabetes assessment

Blood Sugar Random	Glycosylated Haemoglobin (HBA1C)
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Cardiac health assessment

Lipid Profile	ECG	Echo or Tread Mill Test (TMT)
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Transmitted disease screening

VDRL	HIV (1 & 2)	Hepatitis B test
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Cancer Screening

CA - 19.9	PSA	Stool for Occult Blood	CEA	H. Pylori Stool
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Bone health assessment

Calcium, Serum	Phosphorus (NWH)
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Pulmonary system assessment

PFT / SPIROMETRY

+254 759 576 365

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3rd Parklands Avenue, Nairobi

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Shujaa Wellman

LABORATORY TESTS

1. Creatinine
2. Fasting Blood Sugar
3. Prostate Antigen Test (PSA)
4. Thyroid Stimulating Hormone (TSH)
5. Total Blood Count (TBC)
6. Total Cholesterol Level
7. Uric Acid
8. Urine Routine / Urinalysis

CONSULTATION

1. General Physician Consultation



USD 210



Shujaa Wellman Super

LABORATORY TESTS

1. Fasting Blood Sugar
2. Kidney Function Test (UEC)
3. Lipid Profile
4. Liver Function Test (ALT & AST)
5. Prostate Antigen Test (PSA)
6. Thyroid Stimulating Hormone (TSH)
7. Total Blood Count (TBC)
8. Uric Acid
9. Urine Routine / Urinalysis

CONSULTATION

1. General Physician Consultation
2. Physician Review

LABORATORY TESTS

1. Electrocardiogram (ECG)

COMPLIMENTARY BREAKFAST

USD 440

Premium Wellman

LABORATORY TESTS

1. Calcium Levels
2. HBA1C
3. Inflammation Test (ESR)
4. Iron Levels
5. Kidney Function Test (ALT & AST)
6. Occult Blood
7. Phosphorous Levels
8. Prostate Antigen Test (PSA)
9. Thyroid Stimulating Hormone (TSH)
10. Total Blood Count (TBC)
11. Urine Routine / Urinalysis
12. Vitamin D3 & Vitamin B12

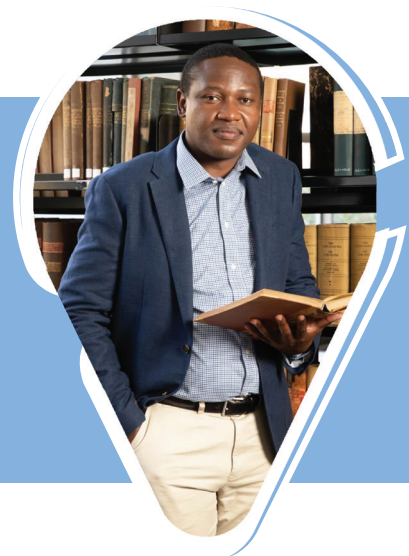
CONSULTATION

1. Dental Consultation
2. Eye Examination
3. General Physician Consultation
3. Physician Review

RADIOLOGY

1. 2D Echocardiogram
2. Electrocardiogram (ECG)
3. CT Calcium Score

COMPLIMENTARY BREAKFAST



USD 1200

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Female Wellness Package



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Platinum Health Checkup (Female)

USD
1,000

Consultations

Dietician	Physician consult	Physician report review	Obs & Gyne
Ophthal	Cardiologist	Mental Health Assessment	Dental

General health assessment

Blood Grouping and RH Factor	Complete Haemogram, Peripheral Smear and ESR	Vitamin B-12
Urine Routine and Microscopy	Stool Routine and Microscopy	Liver Function Test Profile
Ultrasound Whole Abdomen	X-Ray Chest PA/AP View	Kidney Function Tests

Thyroid function

TSH

For joint pain

Uric Acid, Serum

Diabetes assessment

Blood Sugar Random	Glycosylated Haemoglobin (HBA1C)
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Cardiac health assessment

Lipid Profile	ECG	Echo or Tread Mill Test (TMT)
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Transmitted disease screening

VDRL	Hepatitis B test	HIV (1 & 2)
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Cancer Screening

CA - 19.9	CA - 15.3	CA - 125	Pap Smear
Stool for Occult Blood	CEA	H. Pylori Stool	Mammography Both Breast or Ultrasound Breast

Bone health assessment

Calcium, Serum	Phosphorus (NWH)	Vitamin D3
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Pulmonary system assessment

PFT / SPIROMETERY

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Waridi Woman

LABORATORY TESTS

1. Creatinine
2. Fasting Blood Sugar
3. Gamma GT (GGT)
4. Pap Smear
5. Thyroid Stimulating Hormone (TSH)
6. Total Blood Count (TBC)
7. Total Cholesterol Level
8. Urine Routine / Urinalysis

LABORATORY TESTS

1. General Physician Consultation

RADIOLOGY

1. Breast Ultrasound
2. Mammogram (40 yrs and above)

USD 270

USD 354

40 years and above

Waridi Woman Super

LABORATORY TESTS

1. Fasting Blood Sugar
2. Kidney Function Test (UEC)
3. Lipid Profile
4. Liver Function Test (ALT & AST)
5. Pap Smear
6. Thyroid Stimulating Hormone (TSH)
7. Total Blood Count (TBC)
8. Urine Routine / Urinalysis

CONSULTATION

1. Breast Specialist Consultation
2. General Physician Consultation
3. Gynaecology Consultation

RADIOLOGY

1. Breast Ultrasound
2. Mammogram (40 yrs and above)
3. Electrocardiogram (ECG)

COMPLEMENTARY BREAKFAST



USD 600

USD 690

40 years and above



Premium Well Woman

LABORATORY TESTS

1. Calcium Levels
2. HBA1C
3. Inflammation Test (ESR)
4. Iron Levels
5. Kidney Function Test (EUC)
6. Lipid Profile
7. Liver Function Test (ALT & AST)
8. Occult Blood
9. Pap Smear
10. Phosphorous Levels
11. Thyroid Stimulating Hormone (TSH)
12. Total Blood Count (TBC)
13. Urine Routine / Urinalysis
14. Vitamin D3 & Vitamin B12

CONSULTATION

1. Breast Specialist Consultation
2. Dental Consultation
3. Eye Examination
4. General Physician Consultation

RADIOLOGY

1. Breast Ultrasound
2. Mammogram (40 yrs and above)
3. 2D Echocardiogram
4. Electrocardiogram (ECG)
5. Ultrasound Abdomen & Pelvis
6. CT Calcium Score

COMPLEMENTARY BREAKFAST

USD 1200

USD 1300

40 years and above

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Fabulous Forties

LABORATORY TESTS

1. Fasting Blood Sugar
2. Inflammation Test (ESR)
3. Lipid Profile
4. Liver Function Test (ALT & AST)
5. Occult Blood
6. Pap Smear
7. Renal Profile
8. Thyroid Function Test
9. Total Blood Count (TBC)
10. Vitamin D3 & Vitamin B12

CONSULTATION

1. Breast Specialist Consultation
2. General Physician Consultation
3. Gynaecology Consultation

RADIOLOGY

1. Breast Ultrasound
2. Mammogram
3. Ultrasound Abdomen & Pelvis

COMPLIMENTARY BREAKFAST



USD 800

40 years and above



Executive Wellness

LABORATORY TESTS

1. HBA1C
2. Kidney Function Test (UEC)
3. Lipid Profile
4. Liver Function Test (ALT & AST)
5. Occult Blood
6. Pap Smear
7. Prostate Antigen Test (PSA)
8. Thyroid Stimulating Hormone (TSH)
9. Total Blood Count (TBC)
10. Urine Routine / Urinalysis
11. Vitamin D3 & Vitamin B12

CONSULTATION

1. Dental Consultation
2. Eye Examination
3. General Physician Consultation

RADIOLOGY

1. Electrocardiogram (ECG)

COMPLEMENTARY BREAKFAST

USD 700

Suitable for both men and women

Standard Cardiac



LABORATORY TESTS

1. Creatinine
2. Lipid Profile
3. Random Blood Sugar

RADIOLOGY

1. 2D Echocardiogram
1. Electrocardiogram (ECG)
3. Stress Test

CONSULTATION

1. Cardiology Consultation

COMPLEMENTARY BREAKFAST

USD 600

Suitable for both men and women

Executive Cardiac



LABORATORY TESTS

1. Inflammation Test (ESR)
2. Kidney Function Test (UEC)
3. Lipid Profile
4. Random Blood Sugar
5. Total Blood Count (TBC)

CONSULTATION

1. Cardiology Consultation
2. Nutrition Consultation

RADIOLOGY

1. Electrocardiogram (ECG)
2. Stress Echocardiogram
3. CT Calcium Score

COMPLEMENTARY BREAKFAST

USD 840

Suitable for both men and women

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